



सत्यमेव जयते
Government of India



Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
4824	21.08.2018	23.08.2018	Dimapur Nagaland	www.morungexpress.com/English http://morungexpress.com/dengue-outbreak-dmp-residents-urged-to-observe-1-dry-day-a-week/
Title:	Dangue cases reported in district Dimapur, Nagaland			
Action By CSU, IDSP -NCDC	Information communicated to DSU- Dimapur, SSU-Nagaland			

The National Vector Borne Disease Control Program (NVBDCP) has appealed to the public in Dimapur to observe one dry day in a week following the detection of Dengue cases in the town this month.

As part of the dry day, people have been asked to empty out water in all the containers around the house like flower pot bases, empty vessels, coolers, tyres, buckets etc into a dry area because dengue mosquitoes breed in stagnant clean water and the eggs will hatch in a week.

However, despite the programme's efforts to contain dengue, drawing on a recent study conducted by the entomological wing in various localities of Dimapur, it was found that the container index which refers to the number of dengue mosquito population in containers around the house like water reservoirs, empty vessels, flower pot bases, buckets, tyres etc is still very high, which confirms that the community/public have failed in their part of preventing dengue.

A press note from the NVBDCP Joint Director and SPO, Dr Talitemsula informed that the aedes aegypti mosquito is a 'synanthropic' species – much like houseflies and cockroaches – that benefit from artificial habitats created where people live.

Save Water- Save Life, Save a tree- Don't print unless it's really necessary!

Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

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Unless every household actively participates in controlling dengue breeding in and around their surroundings, combating dengue disease only through the endeavours of the programme alone is futile, it said.

Therefore, as part of the one dry day a week appeal, it asked the public to keep all water filled vessels and tanks tightly covered and throw out any rubbish lying around like plastic cups, old containers, tyres, coconut shells etc and to check around the compound every week. It further advised people to ensure that that all sleep under the mosquito net during day and night time especially pregnant women and children, and to immediately consult a doctor in case of high fever.

WHAT IS DENGUE?

- Dengue is a viral disease.
- Dengue is transmitted by the bite of Aedes mosquito.
- The mosquito bites in day time.
- Man develops the disease after 5-6 days of being bitten by an infective mosquito.
- Dengue occurs in two forms:
 - Dengue Fever (DF) & Dengue Haemorrhagic Fever (DHF)

SIGNS & SYMPTOMS:

- Sudden onset of high fever.
- Severe headache.
- Pain behind the eyes which worsens with eye movement.
- Muscle & joint pains.
- Loss of sense of taste & appetite.
- Measles like rash over the chest & upper limbs.

AGE GROUP & SEX AFFECTED:

- All age groups & both sex are affected.
- Deaths occur more in children.

TRANSMISSION FROM ONE PERSON TO ANOTHER:

- Dengue fever is caused by the bite of Aedes mosquito.
- When the mosquito bites a person with Dengue fever, it picks up the germs of the disease along with the blood.

- This germ known as dengue virus develops within the mosquito in a few days.
- When this mosquito again bites a healthy person, it introduces the germs into the blood.
- After a few days the person becomes sick with high fever and other symptoms of dengue.

BREEDING PLACES:

- Aedes mosquito breed in any type of man-made containers or water storage containers even having small quantity of water like desert coolers, water storage containers, tyres, overhead tanks, drums, jar, buckets, flower vases, plant saucers, tanks, bottles, tin, roof gutters, refrigerator drip pans, cement blocks, cemetery urns, bamboo stumps, tree holes and many more places where rain water collects or is stored.
- Eggs of mosquito can live without water for more than 1 year.

PREVENTIVE & CONTROL MEASURES:

- All water storage containers should be covered.
- Remove/ destroy all disposable, unused materials lying in and around the house, like old tyres, broken pots, crockery etc.
- Dry all water storage utensils, water coolers, flower vases, water vessels for birds and animals, fridge trays at least once a

week before re-filling.

- Fill up the ditches and other unwanted water collection sites around the houses.
- Put insecticides, petrol, k. oil, in coolers, containers etc once a week, which cannot be emptied or cleaned.
- Introduce Larvivorous fish in stagnant water bodies, contact Asstt. Director UMS Dimapur.

PERSONAL PROTECTION MEASURES:

- Wear clothes that covers the whole body in day time.
- Use appropriate wire mesh in doors and windows of the house.
- Ensure that at least pregnant women and children sleep under mosquito net during day time, preferably insecticide treated bed nets.
- Insecticide treated mosquito nets are more effective as they kill mosquitoes as well as other bugs and insects.
- Use mosquito repellent lotion, creams like good-knight, odomos etc.

CONTACT ADDRESS:

- If there is any suspected case which matches the signs and symptoms described above, contact the nearest hospital. Facility for testing is available for free at District Hospital, Dimapur.

Source: NVBDCP

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