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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
3786	07/12/2016	07/12/2016	Madhya Pradesh	www.freepressjournal.in/English http://www.freepressjournal.in/indore/indore-health-department-alerts-people-against-scrub-typhus/980803
Title:	**Madhya Pradesh health department alerts people against scrub typhus**			
Action By CSU, IDSP –NCDC	Information communicated to SSU-Madhya Pradesh			

State health department on Thursday alerted people against scrub typhus, a mite-borne infectious disease, after rise in suspected cases in various districts including Raisen, Raigarh, Sehore, Vidisha and Bhopal.

The department has also instructed Chief Medical and Health Officers (CMHO) to monitor cases in their respective districts and conduct a door-to-door survey for reporting cases of fever.

Acting CMHO Dr GL Sodhi said that no case of scrub typhus has been reported in the city yet but they will monitor cases of fever and other symptoms of the disease.

“Scrub typhus causes due to mite-bite and rodent bite. Symptoms of the disease include fever, headache, muscle pain, cough, rashes and gastrointestinal symptoms. The disease lasts for 14 to 21 days without treatment. Severe infections may be complicated by interstitial pneumonia, pulmonary edema, congestive heart failure and circulatory collapse,” Dr Sodhi said.

He also appealed to people protect themselves from rodents and mites and not to neglect any symptoms of the disease.

The acting CMHO also expressed concern over the rise in number of rodents in city and said that they will write to Indore Municipal Corporation when they find any case of the disease.

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Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
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Symptoms of scrub typhus:

- Swollen lymph nodes.
- Tiredness
- Red lesion or sore on the skin at the site of the bite.
- Cough
- Rash
- Severe headache
- High fever (above 104 degrees C)
- Eye sensitivity to bright lights
- Severe muscle pain

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