



सत्यमेव जयते
Government of India



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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.



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3452	08.06.2016	08.06.2016	Karnataka	www.bangaloremirror.com/English http://www.bangaloremirror.com/bangalore/others/Dengue-bites-state-895-cases-so-far/articleshow/52644580.cms
Title:	Dengue bites state, 895 cases so far in Karnataka			
Action By CSU, IDSP -NCDC	Information communicated to, SSU- Karnataka			

Even though the monsoon has yet to get into the swing of things in the city, dengue fever has already spread its wings across Karnataka. Over the past one month, the state has seen close to 380 confirmed cases of dengue, according to statistics available with the Health and Family Welfare department.

Karnataka recorded 494 cases until the end of April, but May has been a deadly month, taking the total number of cases up to 895. Mysuru has seen the highest number of cases (118), followed by Dakshina Kannada (113).

The two districts recorded 68 and 53 cases respectively through the entire year until the end of April. No deaths have been reported in the state thus far, according to the department. Dr K L Shivaswamy, joint director (Malaria and Filariasis), Department of Health and Family Welfare told BM, "This year our goal is to eradicate dengue, which is why we have increased surveillance in the area and hence a higher number of cases has been detected. We are expecting a rise in the number of cases in the coming months due to the monsoon and we have prepared all health workers to deal with the same."

Doctors treating dengue fever say that these cases often go underreported and this has been the case every year. Dr Pankaj Singhai, head of internal medicine, Manipal

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**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

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Hospital, told BM, "Every day, we are admitting 10 to 15 cases of dengue fever. The data available with the department is grossly underreported. Most cases are mild, although we have two patients who have been admitted to the ICU. Even in moderate cases, the platelets count is dropping to 7,000-5,000. The increasing number of cases is because of sewage flowing out on to the roads and with no proper infrastructure in place to tackle it, we are expecting a massive rise in the number of cases over the coming days."

The state is looking at observing Anti-Dengue Day to intensify awareness programmes.

Dr Sivaswamy said, "We have allocated Rs25,000 to set up a facility for NS1 antigen testing that is used to diagnose dengue. Apart from this, we have also given Rs8 lakh per district to create public health awareness programmes on dengue.

"We have also sought Rs3 crore from the Centre under the National Rural Health Mission and we are waiting for an approval."

Symptoms

Children primarily have fever, vomiting and sometimes rash or facial flush. Adults have fever, severe headache, and pain behind the eyes, body aches and rash. The fever usually continues for days. One should see a doctor when the fever does not subside for three to five days and there is bleeding, puffiness of face, cold limbs etc.

Precautions

The Aedes Aegypti mosquito, which is the vector for dengue, breeds primarily in man-made containers like open water storage drums, discarded plastic food containers, or any item that collects water. The first thing to do is remove these containers or cover with a lid/sand or spray appropriate chemicals.

To reduce exposure at home, measures like nets, barrier creams, aero sprays and repellents can be used.

Adequate clothing especially for children during the day as dengue is spread through a mosquito that bites in the daytime

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