



सत्यमेव जयते
Government of India



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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
3903	07.03.2017	08.03.2017	Karnataka	www.bangaloremirror.com/English http://bangaloremirror.indiatimes.com/bangalore/others/swine-flu-7-deaths-and-over-750-cases/articleshow/57503022.cms
Title:	Swine Flu: 7 deaths and over 750 cases, Karnataka			
Action By CSU, IDSP -NCDC	Information communicated to, SSU-Karnataka			

Swine flu is taking a toll on the health of people in the state with as many as 758 cases having been found positive. Around seven people have died since January, according to state health department reports. Out of this, two persons have died within BBMP limits, where a total of 308 have been found positive.

A district health official said that it is alarming as the numbers are increasing by the day with an average of eight patients testing positive for the deadly influenza strain daily from the city. This is far more than last year and a fear of the virus becoming resistant is looming large.

Doctors say that if a person suffers from flu-like symptoms for more than 48 hours, they should immediately consult a physician. Also the trend of self-medication and widespread use of antibiotics without proper prescription is aggravating the condition of the patients suffering from Swine Flu.

Dr Supraja C, pediatrician from Raghavendra People Tree Hospital, said, "We are getting around 25 cases of swine flu per week at our facility and in the past few months, the number has gone up. When they have flu-like conditions, people

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**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

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should refrain from taking antibiotic at their own whims and also not administer the same to their children. If the condition persists with high fever, they should immediately visit the nearest doctor."

Meanwhile, experts at the state health department said that they had issued a circular to each health care centre directing them to deal with the situation. At the same time, they have also directed administration of first-line of treatment to both patient and attendant if the patient is suspected to be suffering from swine flu to arrest its spread.

Swine flu spreads just as seasonal flu does. It is transmitted by droplet infection and fomites (inanimate objects that are capable of transmitting infectious organisms), from person to person through sneezing or coughing. Sometimes, people may get infected by touching something with the virus on it, like doorknobs and soaps, and then touching their nose or mouth. According to experts, as the disease is spreading, people should take extra care over sanitation at home and if a person has flu-like symptoms, proper quarantine should be maintained to stop it from spreading.

Dr Shashidhar Buggi, director, Rajiv Gandhi Institute of Chest Diseases, said, "The new strain of H1N1 was detected in 2009 when it became a pandemic, but since then there is an increase in cases every alternate year as herd immunity developed over time fails in a few individuals." "Over a period of time, people who are being impacted more are with co-morbidity like diabetes and other chronic disorders. This year, there is a rise in cases as last year it was low, but instead of panicking, people should concentrate on maintaining proper hygiene and also have nutritious food to boost their immunity," he added.

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