



सत्यमेव जयते
Government of India



Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
3960	31.03.2017	31.03.2017	Maharashtra	www.hindustantimes.com/English http://www.hindustantimes.com/india-news/2-dead-in-maharashtra-as-temperature-soars-above-40-degrees-celsius/story-mv2eDJ1E670o8vARHTctaJ.html
title:	Heat wave kills two in Maharashtra			
Action By CSU, IDSP -NCDC	Information communicated to, SSU-Maharashtra			

Unusually hot conditions with temperatures hovering above 40 degrees Celsius in large parts of Maharashtra in the past 72 hours have claimed at least two lives so far, officials said.

"It's not a heatwave, though the weather is hot due to a combination of several factors. There will be heatwave conditions in parts of north-central Maharashtra and a few places in Vidarbha over the next 48 hours (till Saturday)," said Indian Meteorological Department - Mumbai Director V.K. Rajeev.

Rains or thundershowers are likely in parts of northern coastal Konkan, Marathwada and Vidarbha during this period, which may bring some relief from the high temperatures.

However, he said the conditions have slightly improved since Wednesday night with temperatures in different parts of the state recorded around 40 degrees Celsius, which is the normal average for this time of the year.

Save Water- Save Life, Save a tree- Don't print unless it's really necessary!

Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

22-Sham Nath Marg, Delhi – 110 054

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एक कदम स्वच्छता की ओर

Meanwhile, a 14-year-old from Aurangabad district and a 50-year-old woman in Beed succumbed to extreme heat conditions in the past 24 hours, officials confirmed.

The mercury has shot up and is hovering between 40-44 degrees Celsius in at least 22 districts in the state, including Satara, Akola, Nashik, Jalna, Osmanabad, Jalgaon, Nagpur, Amravati, Pune, Buldhana, Aurangabad, Yavatmal, Chandrapur, Washim, Latur, Hingoli, Nanded, Beed, Ahmednagar, Solapur, Parbhani and Gondia in the past three days.

Bhira village in Raigad district, adjoining Mumbai notched a staggering 47 degrees Celsius on Tuesday, but IMD officials suspect a glitch in the temperature recording instruments.

A team of experts has been sent to verify the authenticity of the mercury readings, the report of which will be available shortly, Rajeev said.

Meanwhile, official agencies and NGOs have advised people of the state to refrain from venturing outdoors between 1200-1700 hours, ensure sufficient intake of liquids, especially for children, proper protective clothing from the harsh sunrays and other precautionary measures to avoid heatstrokes, which can be fatal.

Here's how you can beat the heat

Drink 3 to 4 litres of water a day to avoid dehydration

Wear loose cotton clothing. Avoid synthetic and dark-coloured clothes, especially during the day

In case of muscle cramps, fever or any skin-related problems, do not self- medicate with 'paracetamol'

Ensure you get enough sleep

Avoid using ice from places where you are not sure of the water quality to stay safe from water-borne diseases such as typhoid.

Reduce intake of alcohol and coffee as they promote dehydration

Children and the elderly must take extra precautions against heat-stroke and watch out for headaches, muscle cramps, nausea and dizziness

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