



सत्यमेव जयते  
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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
4923	26.09.2018	27.09.2018	Gujarat	<a href="http://www.timesofindia.com/English">www.timesofindia.com/English</a> <a href="https://timesofindia.indiatimes.com/city/ahmedabad/408-swine-flu-cases-10-deaths-this-september/articleshowprint/65956967.cms">https://timesofindia.indiatimes.com/city/ahmedabad/408-swine-flu-cases-10-deaths-this-september/articleshowprint/65956967.cms</a>
<b>Title:</b>	<b>408 swine flu cases, 10 deaths this September, Gujarat</b>			
Action By CSU, IDSP -NCDC	Information communicated to SSU-Gujarat			

Gujarat is once again witnessing an alarming surge in the number of swine flu cases — an average 200 patients are waging a morbid fight with the viral fever admitted in hospitals spread across Ahmedabad, Vadodara, Surat, Rajkot, Bhavnagar, Jamnagar and other districts. State has recorded 408 swine flu patients so far and 10 people have lost their lives.

Experts say that while a lot has been understood and practised in the treatment of the feared viral fever, there is a good 20-25% patients who are admitted with Acute Respiratory Distress Syndrome (ARDS) which is a serious stage three of the swine flu where both lungs develop pneumonia and patients literally fights for breath.

A big chunk of around 70% patients are admitted with pneumonia which is stage two of H1N1 wherein the viral infection spreads to the lungs and patient experiences acute chest pain and breathlessness.

This means that, despite swine flu becoming an integral part of the seasonal illnesses scenario, either patients are not consulting a doctor with their illness during the first 48 hours of onset of the viral fever or doctors too are not suspecting H1N1 when patients present with flu highly common symptoms of high fever, dry cough and severe throat pain.

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**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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Swine flu specialist and head of department of medicine in BJ Medical College, Dr Kamlesh Upadhyay, said: "It is a reality that most of the patients either come with pneumonia or ARDS which is second and third stages of the disease. This indicates that swine flu is not 100% suspected by both patients and doctors at the onset of the disease itself."

Dr Upadhyay, who has been involved in widespread training of doctors in H1N1 diagnosis and treatment at district levels, said that both patients and doctors should ask, "Is this swine flu?"

He said that patients should especially avoid self medication and consult a doctor at the onset of the disease. "It may be a bacterial infection or viral infection, let the doctor decide," Dr Upadhyay said.

Principal health secretary Jayanti Ravi said that this year, Ahmedabad has recorded the highest concentration of swine flu cases and intense surveillance has been ordered in the city and district.

On September 24, 33 cases were recorded in state out of which 19 were in Ahmedabad.

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