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# Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5450	13.08.2019	14.08.2019	Hyderabad Telangana	www.timesofindia.com/English <a href="https://timesofindia.indiatimes.com/city/hyderabad/in-2-months-16000-down-with-diarrhoea-1300-contract-typhoid/articleshowprint/70650306.cms">https://timesofindia.indiatimes.com/city/hyderabad/in-2-months-16000-down-with-diarrhoea-1300-contract-typhoid/articleshowprint/70650306.cms</a>
<b>Title:</b>	<b>Hyderabad: In 2 months, 16,000 down with diarrhoea, 1,300 contract typhoid, Telangana</b>			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Hyderabad, SSU-Telangana			

Enteric fevers, especially typhoid, is on the rise in Hyderabad as also are diarrhoea and Hepatitis A. In the last two months, 1,301 enteric fever cases have been reported in the city, while over 16,178 cases of diarrhoea (including gastroenteritis cases) have been reported.

The toll of viral hepatitis in the same period is 70. The rising figures could be the result of largescale drinking water contamination, fear experts.

Integrated Disease Surveillance Programme (IDSP) has flagged the spike in water-borne diseases in the city. In fact, many cases are being reported from slum areas in and around the city, but there is no exception of posh areas too. These include Banjara Hills, Aayappa Society, Madinaguda, Chandrayangutta, Karwan, Habsiguda, Hafeezpet, Afzalgunj and Mehdipatnam among others.

As per official statistics, leptospirosis cases have not been reported in the city in the recent past, but some cases have been reported in Mahabubnagar district. Leptospirosis or rat fever cases are likely to go undetected as individual diagnostic

**Save Water- Save Life, Save a tree- Don't print unless it's really necessary!**

**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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tests are not run due to the high cost of investigation as compared to the cost of treatment," said Dr Ashish Chauhan, consultant preventive medicine. He added that that experts use a cocktail of treatment for all viral and bacterial diseases at a go.

Open drainage in several parts of the city is making matters worse by causing mixing of rainwater with dirty water. "Waterlogging, poorly fitted manholes and rusting drinking water pipelines contribute to the problem too. We are in touch with the GHMC to identify such areas," said a senior official from the state health department.

Experts pointed out that patients from the same locality and from the same family are seeking treatment. "This shows the lack of hygiene in the area. People should take extra precautions to maintain cleanliness around their places of stay and work," said Dr Rahul Agarwal, senior consultant general physician, Medcover Hospitals.

## Diseases Raise Water Contamination Fears

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Enteric fevers, especially typhoid, is on the rise in Hyderabad as also are diarrhoea and Hepatitis A. In the last two months, 1,301 enteric fever cases have been reported in the city, while over 16,178 cases of diarrhoea (including gastroenteritis cases) have been reported. The number of cases of viral hepatitis in the same period is 70. The rising figures could be the result of largescale drinking water contamination, fear experts.

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Leptospirosis or rat fever cases are likely to go undetected as individual diagnostic tests are not run due to the high cost of investigation as compared to the cost of treatment," said Dr Ashish Chauhan, consultant preventive medicine. He added that experts use a cocktail of treatment for all viral and bacterial diseases at a go. Open drainage in several parts of the city is making matters worse by causing mixing of rainwater with dirty water. "Waterlogging, poorly fitted manholes and rusting drinking water pipelines contribute to the problem too. We are in touch with the GHMC to identify such areas," said a state health department official.

Experts pointed out that patients from certain localities are seeking treatment. "This shows the lack of hygiene in the areas," said Dr Rahul Agarwal, senior consultant general physician, Medcover Hospitals.



### BETTER SAFE THAN SORRY

A little effort can go a long way in staying healthy this monsoon. Here are a few things to keep in mind

- Maintain proper personal hygiene by washing of hands before and after visiting the washroom & before and after consuming food
- Keep your house and washrooms clean. Do not allow waterlogging in your neighbourhood
- Boil drinking water
- Avoid eating out
- Use a water filter
- If any drainage pipe is broken, get it repaired
- Ensure that food is cooked with filtered water

#### SYMPTOMS OF HEPATITIS A

- Fatigue
- Sudden nausea and vomiting
- Abdominal pain below lower ribs
- Loss of appetite
- Low-grade fever
- Dark urine
- Joint pain

➤ Leptospirosis cases have not been reported in the city in the recent past, but some cases have been reported in Mahabubnagar district

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— state health department official

#### SYMPTOMS OF LEPTOSPIROSIS

- High fever • Headache • Chills • Muscle aches • Vomiting
- Jaundice (yellow skin and eyes) • Red eyes • Abdominal pain
- Diarrhoea • Rashes

#### SYMPTOMS OF DIARRHOEAL GASTROENTERITIS

- Watery stools • having blood in stool might mean a more severe infection
- Stomach ache and cramps
- Nausea or vomiting • headache
- muscle pains with low-grade fever



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