



सत्यमेव जयते  
Government of India



# Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5295	27.05.2019	27.05.2019	Hyderabad Telangana	<a href="http://www.timesofindia.com/English">www.timesofindia.com/English</a> <a href="https://timesofindia.indiatimes.com/city/hyderabad/wi-th-rise-in-temp-city-sees-increase-in-viral-diarrhoea/articleshow/69510473.cms">https://timesofindia.indiatimes.com/city/hyderabad/wi-th-rise-in-temp-city-sees-increase-in-viral-diarrhoea/articleshow/69510473.cms</a>
<b>Title:</b>	<b>With rise in temp, Hyderabad sees increase in viral diarrhoea</b>			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Hyderabad, SSU-Telangana			

The last two weeks have seen an increase in viral diarrhoea cases being recorded from across the city. This is a worrying factor as there have been many 'severe cases' recorded which require hospitalisation. Individual gastroenterologists are seeing 3-4 cases of viral diarrhoea per day and during the last fortnight about 4- 5 severe cases including dehydration and even kidney failure have been reported by individual doctors. The numbers coming to physicians in the private sector hospitals are much high, say experts. "Recently we have had a surge in diarrhoea cases with 3-4 patients reporting per day. The symptoms include fever, body aches, watery profuse diarrhoea, vomiting and abdominal cramps," said Dr Surendar Reddy Baradhi, DM Gastroenterologist Maxcure hospitals.

While routine laboratory exams are usually normal in such cases, the treatment mostly consists of proper hydration and supportive care. Viral diarrhoea is directly linked to consumption of contaminated food and water. While consuming water from unknown sources is a known threat, experts say that despite the belief that food cooked at high temperatures is relatively safe it is not so. Infact, food cooked with contaminated water is equally unsafe.

**Save Water- Save Life, Save a tree- Don't print unless it's really necessary!**

**Disclaimer:- This is a media alert subject to verification.**

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,  
Ministry Of Health & Family Welfare, Government of India**

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“The cases have started coming since the past 10 to 15 days and almost all of them can be traced to water or food contamination. While there is no specific treatment for this, maintaining hydration especially if the symptoms persist for 24 to 48 hours is important,” said Dr K Soma Sekhar Rao, chief of Gastroenterology and Hepatology, Apollo Hospital Hyderabad.

Given the scorching heat, experts have advised people to avoid consumption of beverages from the street-side stalls.

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