



Media Scanning & Verification Cell



Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
5577	16.10.2019	17.10.2019	Bareilly Uttar Pradesh	www.timesofindia.com/English https://timesofindia.indiatimes.com/city/bareilly/alert- in-bareilly-after-swine-flu-reported-in-other-parts-of- west-up/articleshow/71603281.cms
Title:		•	district-Uttar arts of West UP	
Action By CSU, IDSP –NCDC	Information communicated to DSU-Bareilly, SSU-Uttar Pradesh			
The state health department has issued a swine flu alert in Bareilly district after a few cases were recently reported in West UP. Health experts said high-risk groups should take precautions. Bareilly has not reported any positive cases of swine flu in the past few months, but 60 people tested positive and three died from the H1N1 virus between January and March this year. Additional director (health), Bareilly division, Dr. Rakesh Dubey said, "After a few persons tested positive for swine flu in West UP, an alert has been sounded here. We've not come across of any recent case in Bareilly, but as people migrate from one place to another, there are chances the virus could have spread here." According to officials, Bareilly health department had sent 222 suspected samples for testing to Lucknow in 2019, with 186 samples collected between January and March 2019, of which 60 tested positive. All the remaining 36 samples, which were collected between April and October 14, tested negative. Dr. Meesam Abbas, district epidemiologist, said, "As swine flu cases have been reported in other parts of the state, high-risk groups should take precautions and get themselves vaccinated for H1N1 virus. High-risk groups are kids, pregnant women,				
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elderly and those with low immunity like patients of diabetes, heart disease, tuberculosis and HIV. When a person gets vaccinated for swine flu, it takes 21 days for immunity to develop, but the vaccine provides a safety net for the next year." Experts said H1N1 virus is an air-borne contagious disease and spreads when a person sneezes and sprays infected droplets around, which land on nearby objects like tables or mobile phones and infects healthy people who happen to touch them. In this context, officials said people should cover their faces with a handkerchief while sneezing or coughing, and should keep their hands clean by repeatedly washing them with soap. They should also not reuse handkerchiefs or tissues, drink abundant water and eat healthy food.

Symptoms of swine flu are fever, runny nose, sore throat, coughing, nausea, vomiting, lethargy and lack of appetite.

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