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Government of India



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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

Alert ID	Publication Date	Reporting Date	Place Name	News Source/Publication Language
7276	21.02.2023	22.02.2023	Thrissur Kerala	www.samakalikamalayalam.com/English https://www.samakalikamalayalam.com/keralam/2023/feb/21/h1n1-has-been-confirmed-in-11-people-in-thrissur-171351.html
Title:	H1N1 has been confirmed in 11 people in Thrissur, Kerala			
Action By CSU, IDSP -NCDC	Information communicated to DSU- Thrissur, SSU- Kerala			

11 people have been diagnosed with H1N1 at Mundathikotte Mercy Home. After the disease was confirmed, the health department officials conducted an examination. Those with symptoms were advised to be monitored.

Symptoms

Symptoms include fever, body aches, sore throat, dry cough without phlegm, fatigue, and diarrhea. Most people get better in four to five days, like a normal flu. But in some, the illness may become serious. It needs to be recognized and treated accordingly. Complications of the disease include lung infection, brain infection, and worsening of existing illnesses.

The disease is transmitted through the air

The virus spreads through the air when the patient sneezes, coughs, or blows their nose. The virus can spread within a radius of about one meter. Then there is a way to spread the disease to those in the vicinity. The virus can also survive on objects in

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Disclaimer:- This is a media alert subject to verification.

Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India

22-Sham Nath Marg, Delhi – 110 054

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that environment. Touching such things without washing your hands and touching your eyes, nose and mouth may lead to infection. Children under five years of age, people over 65 years of age, pregnant women, those with other serious diseases and those with weakened immune systems should be especially careful.

Things to watch out for

Wear a mask to cover your mouth and nose, don't spit in public, avoid close contact with sick people, avoid shaking hands, kissing and hugging. Do not share mobile phone. Wash your hands thoroughly with soap or hand wash when you get home. H One N One will neutralize germs with regular soap. Those with symptoms should seek treatment at the nearest health facilities without self-medication and those who have been in contact with H1N1 patients should go to the nearest health facilities and undergo H1N1 testing.

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