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Media alert from the Media Scanning & Verification Cell, IDSP-NCDC.

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4491	18.01.2018	22.01.2018	Gurgram Haryana	www.hindustantimes.com/English http://www.hindustantimes.com/gurgaon/hospitals-on-alert-after-gurgaon-reports-first-swine-flu-death/story-iKJVNvpzSbodky6dtV94pK.html
Title:	Hospitals on alert after Gurgaon reports first swine flu death			
Action By CSU, IDSP -NCDC	Information communicated to DSU-Gurgram, SSU-Haryana			

Hospitals in the city are on alert after the health department confirmed the first instance of swine flu death this year.

The health department confirmed on Wednesday the death of 43-year-old Bhupander Yadav, who was admitted to a private hospital in Sector 38 last week in a critical condition.

He was suffering from breathlessness, cough and a mild fever. His was diagnosed to be a case of H1N1 pneumonia, doctors of the health department said. Yadav was from Alwar in Rajasthan.

“The swine flu virus has been active since last year. Although we have been repeatedly asking residents to take precautions due to changes in the weather, we are still getting cases of swine flu,” Dr Pradeep Sharma, the principal medical officer (PMO) of civil hospital, said.

Officials of the health department on Thursday asked all private hospitals to report cases of swine flu to them and ensure correct treatment of patients who are in a critical condition.

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Disclaimer:- This is a media alert subject to verification.

**Integrated Disease Surveillance Programme (IDSP), National Centre for Disease Control,
Ministry Of Health & Family Welfare, Government of India**

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“We treat patients suffering from swine flu just like those suffering from other types of flu. The patient is kept in isolation only in case of an emergency. People should not panic; the situation is under control,” he said.

Doctors said that any type of flu, coupled with cold, can lead to swine flu and so, symptoms of flu should be treated at once and with care. Doctors said that a rise in body temperature, unusual fatigue, headache, sore throat, loss of appetite, diarrhoea and vomiting are some indicators of swine flu.

“We are fully prepared to treat the virus. Avoid touching eyes, nose and mouth often, use alcohol-based sanitisers for washing hands, avoid crowded places in case the disease breaks out and avoid shaking hands with infected people. If you feel any of the symptoms, stay at home and consult a doctor,” Dr SS Saroha, deputy civil surgeon, civil hospital, Gurgaon, said.

Since the first case of swine flu was reported in 2009, the virus has been active from time to time in the city.

The World Health Organisation's (WHO) guidelines suggest that swine flu is in its post-pandemic stage and needs to be treated like most other seasonal flu.

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